

Behavior Changes To Bring Supines Closer To God

- Learn to deal with anger constructively and in ways pleasing to God.
- Raise their self-perception by learning to see themselves as a wonderful, loved creation of God. This will make the fear of rejection from man less intense.
- Learn to lessen anxiety by interacting with God and Christ as they would any other surface relationship.
- Learn that God is always with them and will take care of them in order to lessen their fear.
- Learn that manipulation through emotional blackmail supersedes the will of God.
- Accept love and affection from God and Christ to supplement what they do not receive from human means. This will help prevent sexual sins.
- Learn to seek direction in making decisions from God and Christ. This will strengthen their will power.

An Excerpt from:

Creation Therapy

A Biblically Based Model for Christian Counseling

By Richard Gene Arno, Ph.D. and Phyllis Jean Arno, Ph.D.