

Special Things Significant Others Can Do for the Supine

- Tell them every day in words and actions that they are loved, needed, and appreciated.
- Try to understand their needs to socialize and provide them with the emotional support to do so.
- Supines are not initiators; therefore, significant others need to initiate socialization.
- Work very diligently to raise their self-image by reinforcing the positive and downplaying the negative.
- Help them make decisions, take on responsibilities, and share responsibility for the decisions they do make.
- Do not force Supines to act independently very often or for long periods of time.
- Never force Supines to be the disciplinarian of the family.
- Encourage them to give their input and state their preferences.
- Encourage them to be more assertive in sharing the things that make them angry.
- Accept their dependency without dominating them.
- Give Supines recognition for the service they perform.

An Excerpt from:

Creation Therapy

A Biblically Based Model for Christian Counseling

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